

BE MY GUEST

February 28, 2018

G – Greet

U – Understand

E – Engage

S – Serve

T – Thank

THE GUEST HOUSE

This being human is a guest house.

Every morning a new arrival.

A joy, a depression, a meanness,
some momentary awareness comes
as an unexpected visitor.

Welcome and entertain them all!
Even if they are a crowd of sorrows,
who violently sweep your house
empty of its furniture,
still, treat each guest honorably.
He may be clearing you out
for some new delight.

The dark thought, the shame, the malice.
meet them at the door laughing and invite them in.

Be grateful for whatever comes.
because each has been sent
as a guide from beyond.

– *from “The Essential Rumi” by Coleman Barks*

No one is here by accident. Everyone who crosses our path has a message for us. Otherwise, they would have taken another path, or left earlier or later. The fact that these people are here means that they are in our lives for some reason.

– *from “The Celestine Prophecy” by James Redfield*

The Law of Dharma

Everyone has a purpose in life . . . a unique gift or special talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our own spirit, which is the ultimate goal.

– from “The Seven Spiritual Laws of Success” by Deepak Chopra

A Polish Fable

An old Polish fable tells about a king who went into his garden one day to discover that all the plants and trees were dying. The king asked the oak tree what was wrong. The once majestic oak said that it was withering away in frustration because it was not as tall and straight as the pine tree.

The king then asked the pine tree why it was drooping so sadly, and the pine tree replied that it was sad because it could not bear grapes.

The grape vine mourned that it was dying because it did not bear beautiful flowers like the tulips.

And so it went throughout the garden.

But when the king came to a small daisy, he saw that the flower's colors were bright and its stems stood tall and straight. Why was the daisy so healthy, the king asked the small plant.

"I took it for granted, your majesty, that when you planted me here, you wanted a daisy in just this place. So, I determined that I would be the best one I could be in this place."