

Happy Birthday!

I am an eternal spiritual being—ageless and infinite.

Whoever you are, wherever you are: "Happy Birthday!" Whether or not this is the actual date of your birth is unimportant. Today is the day to celebrate your spiritual rebirth into new life in Christ. Every day is appropriate for this celebration, for you are an eternal spiritual being, continually reborn into new life and love.

Whatever the number of your physical years, see it only as a number. Cancel any thought of encroaching years with a positive affirmation of Truth. You are ageless and infinite. You have achieved great wisdom and understanding in your life's journey and your soul is on a progressive spiritual path that cannot be divided into beginnings or endings. Every day is your spiritual birthday, an invitation to celebrate life with enthusiasm and joy. Happy spiritual birthday, dear friend!

*You have been born anew, not of perishable seed but of imperishable, through the living and abiding word of God.
- First Peter 1:23*