

## A Woman's Worth

Marianne Williamson

### Chapter One: Glorious Queens and Slavegirls

***Please bring an item (stone, jewelry, candle, statue, crystal, etc...) that can become for you a sacred object to use in meditation / prayer / study time.***

1. The book was written in 1993, 30 years ago. Does it still feel relevant? Have we overcome some of these issues? Is anything better? Or worse?
2. Do you find it difficult to find someone you trust to bear witness to your tears? Do you feel safe in your relationships expressing your emotions?
3. Who are the Queens in your world?
4. Where do you come in contact with what we now call "toxic masculinity"?
5. What do you hold onto from the past that keeps you from being a priestess in the present?

"Beautiful" Christina Aguilera

### Chapter Two: Internal Light

***Please write a personal Unity prayer to awaken your divine feminine. Include a denial, an affirmation and an intention.***

1. Do you hide your radiance? Is there a way you use clothes, make-up, jewelry to distract others from the real you?
2. In what ways do you embrace your spiritual glory?
3. What do you have invested in that which holds you back? (If I am too ----- I will not be loved.)
4. What might you lose if you permit yourself to have a great life?

"Video" India Arie

### Chapter Three: A Magnificent Adventure

***Please make something (drawing, painting, poem, collage, etc...) that represents your inner Goddess / Divine feminine / Christ self.***

1. What do you need to detoxify from your past which might poison the present?

2. In what ways can you hold a space for your own mystical princess / queen?
3. Does your career grow out of who you are? Can you see a path towards this?
4. In what ways are you beckoned towards your own enchantment?
5. How do you embrace joy?

“Flowers” Miley Cyrus

#### Chapter Four: Embracing the Goddess

***Please write a letter to your Goddess self. How is she different from you? What do you have to let go of to become her? Give yourself permission to be fabulous.***

1. What opportunities do you see for expressing your feminine power but you hold back?
2. What payoffs do you get for holding onto small, weak patterns?
3. How will things be different tomorrow if you woke up and embraced your inner Divine feminine?

“Defying Gravity” Idina Menzel

#### Chapter Five: Sex and Soul

***Please wear something that makes you feel sexy. This can be a “tell”; no need to “show”!***

1. In what ways is a lover a high-stakes proposition for you?
2. Have you ever been the “doormat” in relationships? The bitch? The Goddess?
3. Have you ever anticipated a lover coming and prepared yourself in advance?
4. What Kings / Consorts are in your world?
5. Who? Where? What? are you “in love” with?

“Desert Rose” Sting

#### Chapter Six: A Golden Cord

***Please describe your childhood home and compare to the home you created for your children. Bring pictures of your child, children or a picture of yourself as a baby.***

1. Where was your "picnic"?
2. How did you respond to your nurturing "call"?
3. What has loving your child taught you?
4. What impact has society's regard to abortion had on you?

#### **PRAYER FOR OUR CHILDREN**

Dear Goddess,

There are no words for the depth of my love for this child.

I pray for her/his care and protection.

I surrender her/him into your hands.

Please, dear Goddess, send angels to bless and surround her/him always.

May she/he be protected from the uncertainty of our times.

May she/he always see the Divine within her/his center.

May her/his heart grow strong, to love and serve you.

**"Baby, Baby" Amy Grant**

Chapter Seven: The Castle Walls

***Please consider sending an email to your congress person letting him / her know about an issue that is important to you. [Find Your Representative | house.gov](http://Find Your Representative | house.gov)***

1. How do you nurture in your world?
2. What do you want to give birth to in your life?
3. When have you been "given the boot" by the universe and it worked out for your good?
4. Through what medium will your awakening Goddess bring people higher?
5. What opportunities do you have to approach life at a higher level?

**"Love Train" O'Jays**